

GUIDE OF ECO-TOURIST

„Protect nature”



MINISTRY OF ENVIRONMENT AND FORESTS

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In the recent time, the rapid development of tourism and the increasing number of tourists affects the environment.

We now have to think that the existing recourses are limited, the pollution increase continuously as much as hundreds of million of people live in poverty, have no access to drinking water and electricity as much as there is a no doubtable risk of disappearing of numerously species of fishes, animals and plants.

*„**Protect nature**” **Guide of Eco-Tourist** has been issued to promote an eco-responsible behavior among tourists. The guide includes tools and best practices that help to reduce negative impact upon environment, useful for each tourist.*

For an eco-responsible behavior, we must change our mentalities and habits, starting at individual and group level.

We must be aware that every day at work or every day in holiday, we have the opportunity to reduce the negative impact produced by our activities on the environment.

We can be ourselves an example by adopting an eco responsible behaviour during our holydays and in every day life in general.

Eco-responsibility represents the engagement that we take at individual and collective level in order to limit the negative impact upon environment.



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The eco-responsible behavior represents a state of mind which means firstly to act by small gesture, small but with a big impact, in order to reduce the quantity of the greenhouse gas, of the polluting substances/materials, of wastes, water wastes; to reduce the consumption of water, energy, materials .

„Protect nature”

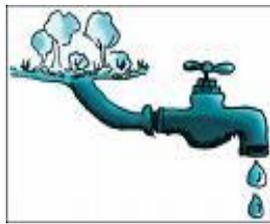
The Eco Tourists guides and the Eco Civil servant guide encourage us to adopt simple gesture but with a large impact through which we show our love on nature and so we guarantee to the future generation as heritage a clean environment.

If we act together, we can limit the pollution of environment!



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INSTRUCTIONS FOR LEISURE ON THE MOUNTAIN



- 1) For my long walking I take with me plastic bags for garbage***
- 2) I through the garbage only within the designated places.***
- 3) I avoid wasting of water and energy in each accommodation facility.***
- 4) I only swim in the designated areas***
- 5) I put fire outdoor only within designated areas.***
- 6) I take into consideration the touristic indicators for mountain tours.***
- 7) I protect plants and animals (fish, birds) species.***
- 8) I fish and I hunt only if I have a permit and I do this only in the specified places and only in the allowed seasons***
- 9) I immediately inform the authorities about any eco accident or any poaching***

INSTRUCTIONS FOR LEISURE ON THE BORD SEA



- 1) I keep cleaning on the beach and I use the emplaced places for throwing the garbage.***
- 2) I don't throw or discharge things in the sea water, in lakes or in any water course***
- 3) I adopt an appropriate behavior on the beach and I respect the indicators from the beach.***
- 4) I respect the value of the water.***
- 5) I swim only in the designated areas.***
- 6) I protect the marine species***
- 7) I use only boats with are not polluting and use less fuel.***

INSTRUCTIONS FOR VACATION WITHIN URBAN AND RURAL AREAS



- 1) I respect the natural areas, the habits, the culture, the inhabitants and I choose walking routes in my country or when I travel abroad.***
- 2) I choose pedestrian tours.***
- 3) I take part voluntary at actions with ecological impact (planting trees, cleaning etc.)***

In pensions hotels or in any other accommodation facility:

- 4) I avoid overusing of warm and cold water.***
- 5) I avoid wasting of energy.***
- 6) I inform in due time the administrator when I see a malfunction/ leaking of the pipes system***

INSTRUCTIONS FOR TRANSPORT



In the recent times the pollution caused by the auto vehicles has increased a lot.

Personal auto vehicle consumes more energy than transportation by train or bus and incomparably more energy than a bike.

- 1) For longer trips during holiday I would rather go by train or by bus and I will use my personal only if is strictly necessary.**
- 2) We travel on holidays with our friends in a single car, if possible**
- 3) Most of the time I use the bus which consumes the lesser energy and which is the lesser pollutant.**
- 4) For short distances, I walk or ride the bike**
- 5) I use the air conditioning in the car only if necessary**
- 6) I drive calmly and I don't speed up, observing the speed limit**
- 7) I avoid parking/ stopping/ camping the car on unsuitable spots**